







January 2012

CHARTER SCHOOL OF EDUCATIONAL EXCELLENCE

LUNCH



Preferred Meal Systems, Inc.
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Monday	Tuesday	Wednesday	Thursday	Friday
 2	ROTINI W/MEATSAUCE & MIXED VEGETABLES Peach Cup Garlic Bread 3	CHICKEN FILLET (whole grain) W/GREEN BEANS Funky Fruit Punch Applesauce (all natural) Wrapped Hamburger Bun 4	MEATLOAF W/ GRAVY & MASHED POTATOES Pear Cup Wrapped Hamburger Bun Cheddar Goldfish Crackers 5	CHEESE PISA PIZZA (WHOLE WHEAT) Mixed Fruit Cup Blended Fruit Juice 6
CREAMY MACARONI AND CHEESE Pineapple Cup Orange Juice Soft Breadstick 9	MINI CORN DOGS W/POTATO FUN SHAPES Mixed Fruit Cup Mini Pretzels 10	HAMBURGER & CORN Fresh Banana Wrapped Hamburger Bun Fritos 11	CHICKEN TENDERS (Whole Grain) W/POTATO WEDGES Fresh Apple Corn Muffin 12	CHEESE PIZZA DIPPERS Marinara Dipping Sauce Baby Carrots Pear Cup Snickerdoodle Cookie 13
 16	TACO MEAT W/CORN Grape Juice Tortilla Rounds (WG) 17	CHICKEN DIPPERS (whole grain) W/TOMATO PARMESAN SAUCE Peach Cup Soft Breadstick 18	HOT DOG FRENCH FRIES Fresh Orange Wrapped Hot Dog Bun 19	PEPPERONI PISA PIZZA (WHOLE WHEAT) Baby Carrots Pear Cup 20
 BAGEL DOG (WHOLE GRAIN) Pineapple Cup Apple-Cranberry Juice Goldfish Crackers 23	SPAGHETTI W/ MEATBALLS & GREEN BEANS Mixed Fruit Cup Garlic Bread 24	BAKED CHICKEN NUGGETS (WHOLE GRAIN) W/POTATO ROUNDS Fresh Pear Wheat Bread & Margarine Fritos 25	ITALIAN CHICKEN PARMESAN (WHOLE GRAIN) Mixed Greens Salad Peach Cup Wrapped Hamburger Bun 26	CHEESE PIZZA DIPPERS Marinara Dipping Sauce Baby Carrots Fresh Banana Vanilla Cookie 27
LOW FAT TOASTED CHEESE ON WHEAT BREAD Pear Cup Grape Juice Oatmeal Cookie 30	POPCORN CHICKEN W/POTATO COINS Pineapple Cup Corn Muffin 31			

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

***MENU SUBJECT TO CHANGE.



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